



Kilfinane, Co. Limerick, Ireland
Tel: 063-91161 / 91059
Fax: 063-91201
Email: info@kilfinaneoeec.com
Web: www.kilfinaneoeec.com

BOOKING FORM – ROCKCLIMBING & INDOOR CLIMBING COURSES

Name :

Address:.....
.....

Telephone: Home: Mobile:.....

Email :

Course Dates:

I enclose a deposit/ full payment of € _____

Where did you hear about this course? (please tick)

Outsider Magazine Received email Kilfinane OEC website Poster
Friend or associate Other (please state) _____

BOOKING CONDITIONS:

1. To reserve a place please fill in and **sign** booking form and post to Kilfinane OEC along with deposit of 50% of course fees. We can only accept payment by cheque or postal order payable to Kilfinane OEC. Please do not send cash in post.
2. Bookings can only be confirmed on receipt of the appropriate deposit and signed booking form. Your deposit is non-refundable. Balance of course fees is payable no later than two weeks in advance of course.
3. Kilfinane OEC reserve the right to change/ cancel programmes where weather or other circumstances dictate. All courses are subject to minimum group numbers.

Participation Conditions: I understand that courses run at Kilfinane Outdoor Education Centre require a good level of health and fitness. I agree to inform staff at Kilfinane OEC of any information that may be relevant to my safety on a course.

I agree to the above booking and participation conditions.

Signature: _____

Date : _____

What to bring list – Rockclimbing Courses

Indoor Climbing Courses

- Tracksuit or t-shirt and shorts
- Rockboots or well fitting runners with good grips
- Harness & Helmet (supplied by Kilfinane OEC for all introductory courses)
- Towel

Outdoor Rockclimbing Courses

- Good solid footwear for walk in to climbing crag
- Thermal Base Layer
- Fleece clothing or suitable alternative
- Harness & Helmet (supplied by Kilfinane OEC for all introductory courses)
- High Quality Jacket (Windproof, Waterproof & Breathable)
- Rain Leggings
- Rucksack
- Spare clothing
- Personal first aid kit
- Bivi/ survival bag
- Flask, drinks & lunch depending on length of course
- Hat & Gloves

All ropes, climbing hardware and specialist equipment are supplied by Kilfinane OEC