

Activities FUN FOR ALL!

Activities

Riverwalk:

Consistently a favourite with our younger students. Kitted out in wetsuits, buoyancy aids and helmets, students make their way up through the river completing a number of games & challenges along the way, finishing with the highlight at the plunge pool.



Canoeing & Kayaking:

Take place at our base in Lough Gur using larger Canadian style canoes (3 persons) or single kayaks, students get the chance to learn new skills and explore this historic landscape.



Why Choose Kilfinane OEC?

- Professional & qualified instructors.
- Approved by the Department of Education & Skills
- Kilfinane OEC is administered by County Limerick VEC.

Safety & Standards:

We are very proud of our excellent safety record at Kilfinane OEC. Activities are run in accordance with Outdoor Education Ireland operating procedures. Our Instructors are trained and qualified education professionals. The Centre holds full public liability insurance.



Primary School Tour Options

Full Day Tours

- Tour 1: Riverwalk, Rockwall & Orienteering
- Tour 2: Canoeing, Rockwall & Orienteering

Half Days Day Tours

- Tour 3: Indoor Climbing Wall & Orienteering
- Tour 4: Riverwalk & Orienteering
- Tour 5: Kayaking & Canoeing takes place at our Lough Gur base.

Residential tour options are also available. Please contact our office for further details.

Rockwall:

Climbing is an excellent physical activity for primary school students & promotes strength, fitness & co-ordination. Kilfinane OEC boasts a state of the art Indoor Climbing Wall newly built in 2009.



Orienteering:

Working in team's students race to locate all of the control points using their map. The essential life-skill of navigation is introduced in a fun environment while students learn how to read a map, relate it to the ground & use different navigation techniques.



Bookings and Information:

To make a booking or for information please contact Mary @ 063 91161 or info@kilfinaneoc.com

What to bring:

Watersports:

Swimming gear or shorts & t-shirt, old runners (2 pairs), towel.

Land Sports:

Tracksuit, raingear & solid footwear (runners/boots)

Residential:

3 changes of clothing & extra socks, swimming gear or shorts & t-shirts, raingear, old runners (2 pairs) for watersports, solid footwear, torch, camera (optional), towels & toiletries, sleeping bag, pillow case.

- No denims allowed on activities.
- Students are responsible for their own property.
- Please note that showers are not available at our Lough Gur base.



Kilfinane Outdoor Education Centre Kilfinane, Co. Limerick



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Kilfinane
OUTDOOR EDUCATION CENTRE

Primary School Tours



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